



Training Academy

## BULLYING AND HARASSMENT

### COURSE DURATION

Half a day

### NUMBER OF DELEGATES

The recommended number of participants is:

Face to face 6 - 8  
Virtual 4 - 6

### CONTACT:

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### COURSE OVERVIEW

To provide managers with the skills and knowledge to identify bullying and harassment in the workplace and how they should deal with this.

### OBJECTIVES

Having attended this event you will be better able to:

- Define bullying and harassment
- Identify behaviours associated with bullying and harassment
- Understand the legislation to support you in dealing with bullying and harassment
- Take the appropriate action should you identify that bullying and or harassment is taking place

### OVERVIEW OF SESSIONS

What is bullying and harassment:

- Defining bullying and harassment
- The different behaviours associate with bullying and harassment

The impact of bullying and harassment in the workplace:

- People Management
- Staff Engagement
- Performance Management
- The legal implications

Responding to bullying and harassment in the workplace:

- Your responsibilities
- Support
- The process

### WHO SHOULD ATTEND?

This course is designed for managers who are responsible for their teams well-being as well as their Health & Safety.

### COURSE STYLE

This workshop is a mixture of theory and interactive activities to look at how we deal with bullying and harassment in the workplace.