



Training Academy

COURSE DURATION

Half a day

NUMBER OF DELEGATES

The recommended number of participants is:

Face to face 6 - 8
Virtual 4 - 6

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UNCONSCIOUS BIAS

COURSE OVERVIEW

To deepen the understanding of managers as to when to deal with an issue and when to pass onto HR.

OBJECTIVES

Having attended this event, you will:

- Understand the meaning behind unconscious bias
- Identify the different types of unconscious bias
- Explain the impact of unconscious bias in the workplace
- Recognise and challenge your personal bias

OVERVIEW OF SESSIONS

What is unconscious bias?:

- Defining unconscious bias
- The difference between unconscious bias, prejudice and stereotyping

The impact of unconscious bias in the workplace:

- Recruitment
- Promotion
- Performance Management
- The legal implications

Recognise and challenge your personal bias:

- Complete a questionnaire
- How to challenge the answers

WHO SHOULD ATTEND?

This course is designed for anyone that wants to better understand unconscious bias and how it can impact our decision making.

COURSE STYLE

This workshop is a mixture of theory and interactive activities to look at how we communicate.